

## Seaweeds

Seaweeds are grown in natural environment along the coastal belt of Sri Lanka and contaminated with heavy metals, toxic plants, pathogenic bacteria and viruses. Therefore we should have get attention to consumption of seaweeds culture in pure seawater. Today seaweeds naturally growing in costal belt expose to threat of endanger due to sea pollution and erosion. Today, our responsibility is harvest of cultured seaweed in every time and maintain sustainable culture and utilization system

Blue water plants are organic food rich with nutritionally and medicinally. These plans ate used in food processing industry in south Asian countries. We need to give more attention to popularize this plants as health food in medium and small scale food industries in Sri Lanka. These attempts are also create new lively hood options and shelf employment opportunities among people.









